

SERVICES

CITY/VILLAGE NAME Full Service (Food and lodging) City/Village Name Some Services (Food or lodging)

POINTS OF INTEREST

RECREATIONAL FACILITIES

H Hospital

Carpool Parking Lot 🎁 Trail Head 📦 University

Mountain Biking 🔼 Campground 餇 Restrooms

Lighthouse

SAGINAW

Huntington Rd

Amtrak Station

same state laws and local ordinances. For everyone's safety observe these bicycling rules and safety tips. **Always Wear an Approved Helmet** Wear a helmet Always have your helmet fitted and adjusted properly. Helmets Use a bell or horn should fit snugly so they do not move around while riding. Wear bright, reflective clothing Be Courteous and Respectful on Trails headlight at night Show courtesy to all trail users. Adhere to trail hours and restrictions. Respect the privacy rights of adjacent property owners along the trail. **Safety Accessories** Water bottles, tire repair kits, mirrors, locks, and first aid kits help make each trip safer and the bicyclist more self sufficient. Watch for Hazards Watch out for sewer grates, slippery manhole covers, oily **Wear Appropriate Clothing** Wear light, bright and/or reflective clothing at all times of the pavement, snow and ice. Cross railroad tracks at right angles. day and night to improve your visibility. Dress in layers and It is ok to leave a bike lane or paved shoulder if hazards such bring gear for unforeseen changes in weather. — BIKES AND STATE LAW -Ride as far to the Right as Practicable Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes. **Use Lights and Reflectors at Night** State law requires a white light visible for 500 feet and a red reflector visible for 600 feet at night. A flashing red light is

RIGHT TURN

(View From Behind)

STOPPING

as debris and poor parvement conditions make it unsafe. Always Yield to Other, Slower Trail Users When operating on a shared use trail or sidewalk, bicyclists must yield the right of way YIELD to pedestrians and shall give an audible signal before overtaking and passing a pedestrian. When overtaking, announce your intentions by saying "passing on your left" or ringing your bell.

Keep to the Right and Ride Only Two Abreast No more than two bicyclists should ride side by side in a public roadway. **Ride with Traffic** Motorists are not looking for bicyclists riding on the wrong

side of the road. State law

requires that cyclists ride with

the flow of traffic.

Friends of the Pere-Marquette Rail-Trail PO Box 505, Midland, MI 48641 www.peremarquetterailtrail.org **Bay Tri-City Cyclists** PO Box 1248, Midland, MI 4864 www.tricitycyclists.org

Bay City & Essexville

Bicycle Resources **Bikes on Transit**

Michigan Department of Transportation AMTRAK: All Amtrak trains in Michigan MDOT provides maps and other information on accept carry-on bike reservations with some safe bicycling as well as guidance on how to restrictions. Visit www.AmtrakMichigan.com transport bicycles on ferries and major bridges. or call 800-USA-RAIL for more information. www.michigan.gov/mdot-biking

League of Michigan Bicyclists

(517) 334-9100 or (888) MI-BIKES

Michigan Trails and Greenway Alliance

Michigan Mountain Biking Association

www.lmb.org

www.michigantrails.org

www.mmba.org

local agencies to improve conditions for bicycling in Michigan.

MTGA is a non-profit organization that fosters and facilitates

and greenways for recreation, health, transportation, economic

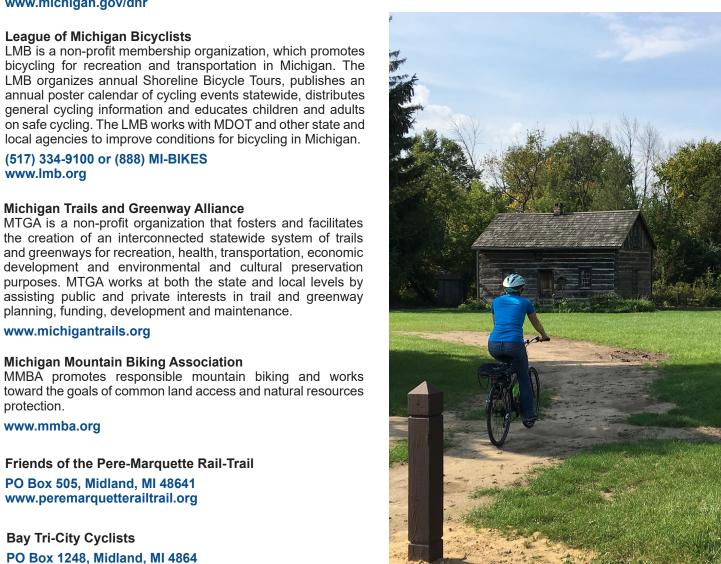
development and environmental and cultural preservation

purposes. MTGA works at both the state and local levels by

planning, funding, development and maintenance.

SAGINAW TRANSIT AUTHORITY REGIONAL **Michigan Department of Natural Resources SERVICE:** Buses are equipped with bike racks. For MDNR promotes the development of trail systems throughout more information visit www.mtaflint.org. the state. They work with local agencies in trail development,

planning and design and administer a number of funding BAY METROPOLITAN TRANSPORTATION **AUTHORITY:** Bikes are not permitted. For more Parks and Recreation Division: (517) 284-7275. information visit www.baymetro.com. www.michigan.gov/dnr



Tourist Information

Vacation and accommodation information can be obtained On the Road: from the following organizations. The same information can be obtained at Michigan's 13 Welcome Centers, located on

major highways throughout Michigan. Travel Michigan www.michigan.org - (888) 784-7328

Au Gres Chamber of Commerce www.augreschamber.org - (989) 876-6688

> **Bay Area Chamber of Commerce** www.baycityarea.com - (989) 893-4567 Bay Area Convention and Visitor's Bureau

www.baycityarea.com - (989) 893-1222

Clare Area Chamber of Commerce www.claremichigan.com - (989) 386-2442

Frankenmuth Chamber of Commerce www.frankenmuth.org - (989) 386-8696 Gladwin Regional Chamber of Commerce

www.gladwincountychamber.com - (989) 426-5451

Gratiot Area Chamber of Commerce www.gratiot.org - (989) 463-5525

Harrison Chamber of Commerce

www.harrisonchamber.org

(989) 539-6011 or (877) 539-6011 Midland Area Chamber of Commerce

www.macc.org - (989) 839-9901 Mt. Pleasant Area Chamber of Commerce

www.mt-pleasant.net - (989) 772-2396

Saginaw County Chamber of Commerce www.saginawchamber.org - (989) 752-7161

Midland

Standish Area Chamber of Commerce www.standishchamber.org - (989) 846-7867 Where To Ride

State Parks:

Bicycles are permitted on all Michigan highways and roads EXCEPT limited-access freeways or unless otherwise posted. Bicycles are allowed on all road systems including those in state forests, state parks, national forests and national parks.

State Game Areas: Bicycles are allowed on designated trails and areas in state game areas. For general recreation questions, please e-mail DNR-ParksAndRecreation@michigan.gov or call (517) 284-7275 (517-284-PARK). www.michigan.gov/dnr

State Forests: Bicycles are allowed on most state forest trails. For general

recreation questions, please e-mail DNR-ParksAndRecreation@ michigan.gov or call (517) 284-7275 (517-284-PARK). www.michigan.gov/dnr

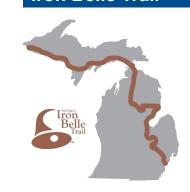
Bikes are currently allowed on all paved and non-paved roads in Michigan state parks. Bikes may also be ridden on designated bike paths. Mountain bikes are allowed only on trails designated for bicycle use. For general recreation questions, please e-mail DNR-ParksAndRecreation@michigan.gov or call (517)

284-7275 (517-284-PARK). www.michigan.gov/dnr

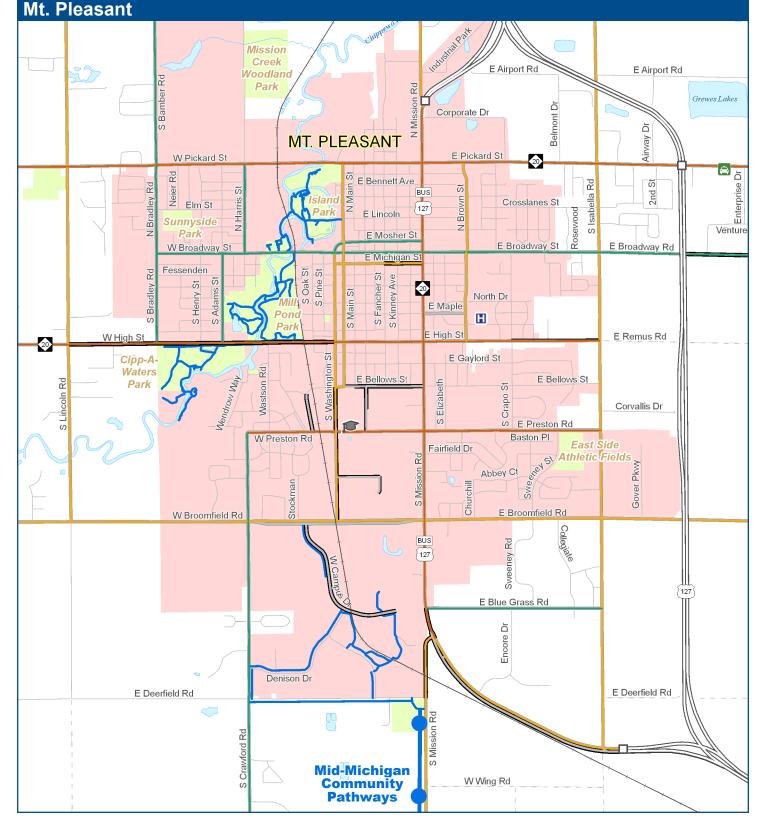
Wilderness Areas: Bicycles are considered to be mechanical devices and are therefore prohibited in national wilderness areas.

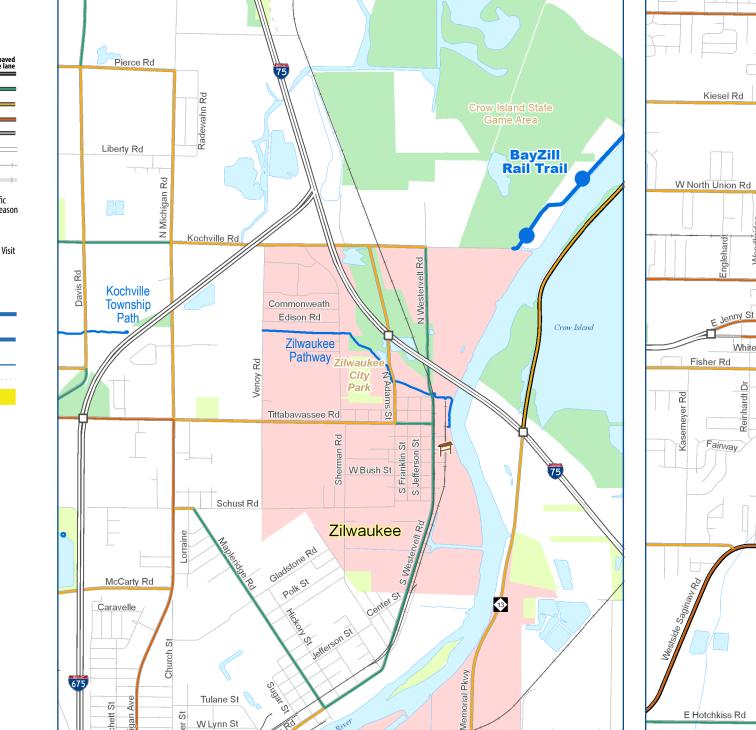
Local Trail Systems: Many communities have developed their own trail systems. Rules and regulations vary by each individual trail and community. Contact the appropriate jurisdiction for more information.

Iron Belle Trail



The Iron Belle Trail - Bike Route travels from Ironwood to Belle Isle and includes trails in Saginaw, Bay and Arenac Counties. The bike route is currently under development. For information contact the Michigan Department of Natural Resources, Parks and Recreation division at (517) 284-7275. www.michigan.gov/ironbelle





Farwell St

Burt St

Montana Ave

